

# **AT LEAST ONE WEEK BEFORE YOUR PROCEDURE, READ THE CONTENTS OF THIS PACKET**

If your procedure is scheduled more than one week after you receive this packet, you may receive a call from a Scheduling Specialist requesting that you confirm your appointment.

- If a message is left for you to call back, please do so as soon as possible. When the receptionist answers the phone, tell her that you need to confirm your procedure.
- You must call back to either confirm or cancel your appointment
- If you confirm your appointment and miss it, you will be charged for the procedure.

In order for us to make sure that you are ready for this procedure, and that our records are up-to-date, the medical history form must be completed **BEFORE** you come into the office for your procedure. Please include:

- ALL prescription medications
- ALL herbal supplements and over-the counter medications
- ALL vitamin and mineral supplements
- ALL of your medical illnesses and past surgeries.

It is important to know all medications and herbal supplements so that drug interactions can be avoided.

## **Preparation for the procedure is essential.**

Your preparation begins 5 (five) days before your procedure. This involves discontinuing medications as you have been instructed.

Colonoscopy: Dietary changes begin 2 full days before the procedure.

If you have difficulty with the preparation, please call the office or the MD on-call. If you are not properly prepared, the procedure may not be completed and may have to be rescheduled. It is essential that the physician be able to see the colon. Otherwise, the procedure is useless as a screening procedure.

Upper Endoscopy: Dietary changes start the day before the procedure.

Review your instructions in advance and call the GI Nurse if you have any questions. The phone number is 942-5123, and ask for the GI Nurse.

Additional information may be found on our website  
<http://www.chapelhillinternalmedicine.com>